



## INTRODUCTORY COACHING OFFER

### Are you ready to gain dynamic insights, actionable steps, and a clear goal to move forward?

Your time is valuable, so let's use it wisely. This session is designed to help anyone reflect with a coach and gain a new perspective, whether you are considering a career transition or are an executive leader looking to clarify your purpose.

#### Before you set sail

Prior to your one-on-one session, you will get access to your Talent Insights profile. This will guide and set the tone for your session. Completing this assessment and receiving a debrief on results with a coach can offer unique insights valuable for self-awareness and growth. During the session, we invite you to be present and ready to work with your coach.

#### Charting your course

By the end of your session, you'll have new insights and tools to navigate your next steps. We'll also determine if continued coaching makes sense for you at this time, and if so, which coaching program would be the best fit. We offer individual programs for leadership, personal growth, and career, as well as organizational programs for peer coaching, leadership development, or as part of a larger corporate initiative.

#### Included in the offer



60-90 Minute Session



Talent Insights Profile  
Assessment & Debrief



Copy of the *Grab the Helm* book  
*Navigating with Purpose*



Coaching from the Helm

## \$500

(\$1,500 value)

#### CONTACT US

Are you ready to "Grab the Helm" of your life?  
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